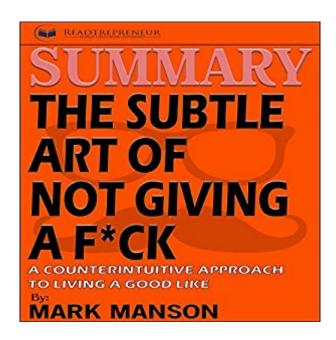


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# Summary: The Subtle Art Of Not Giving A F\*ck: A Counterintuitive Approach To Living A Good Life





# Synopsis

The Subtle Art of Not Giving a F\*ck: A Counterintuitive Approach to Living a Good Life by Mark Manson| Book Summary | Readtrepreneur Disclaimer: This is NOT the original book. If you're looking for the original book, you can find it on Audible or . This summary is wholly written and published by readtrepreneur.com It is not affiliated with the original author in any way. Many of us are bombarded by society's standards, telling us who we should be, and what we should be like. The Subtle Art of Not Giving a F\*ck teaches us how to let go of things that do not define nor matter to us, and only give a "f\*ck" about the things that truly matter, which will make us happy individuals in the long run. "Maturity is what happens when one learns to only give a f\*ck about what's truly f\*ckworthy." - Mark Manson Many a times, we are hesitant to reject requests from others and often end up in a situation that we never wanted to be in the first place, helping other people at the expense of ourselves. The Subtle Art of Not Giving a F\*ck reminds us that we all have choices, and we must choose what we want to care about. Death is inevitable and our time on earth is limited. We choose how we want to spend it; on f\*ckworthy or non-f\*ckworthy things. Gain a totally unique perspective as you learn to live a fulfilling life you will enjoy.

### **Book Information**

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#### Customer Reviews

After coming across this title, I had to buy it and see what it was about! As the title says, its about no caring about anything, particularly with todays wide use of social media. The authors take on some of the chapters and issue is interesting to read. I donâ Â<sup>TM</sup>t 100% agree with everything being said but respect and can see where they are coming from. If you are looking for a book that is

different to others and will make you think, I would recommend giving this a read.

The original book is a masterpiece, incredibly funny... I don't usually go for self help books cause to me they are all the same! Smile more, love more, hate less, don't give up, it's gonna be okay, it's all in your head. Blah blah blah.... but this one was the exception. Anything with curse words on the cover picks my interest :P Great summary on a great book!

The Book is a Interesting book. Here have the best information . I have been read it and i am so happy . i want to read it again . Please buy you and read it .

Nice title, nice first few pages. Beyond that waste of time, waste of money. Sorry.

Wake Up you have missed the point. Read the Federal Rules of Criminal Proceedure and perhaps you will understand why this is so.

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